



## OUTREACH AND AWARENESS OF CSA

With funding from the PPT, Stepping Stones will be working with professional groups, communities and individuals across North Wales to deliver this workshop which can be requested as part of an existing team training day or a stand alone event.

### Engaging with Victims & Survivors of Childhood Sexual Abuse.

A workshop & information sharing event intended to:

- Better inform people who have a greater chance than usual of interacting with victims & survivors of child sexual abuse in ways that may unintentionally distress, trigger or re-traumatise them.
- Give relevant people more confidence in interacting appropriately and compassionately with victims & survivors.
- Acknowledge & reduce the potential for victims & survivors to become isolated & to increase the potential for them to engage with services that are beneficial to their health & wellbeing.
- Inform people of the services that Stepping Stones offers & how these services may be helpful.

**The virtual session by Zoom is anticipated to last for around 1 hour & is being delivered at no cost – please register interest by e-mail to [shirley@steppingstonesnorthwales.co.uk](mailto:shirley@steppingstonesnorthwales.co.uk)**

Stepping Stones – Cerrig Camu 59, King Street, Wrexham LL11 1HR – 01978 352717  
[www.steppingstonesnorthwales.co.uk](http://www.steppingstonesnorthwales.co.uk) Charity Registration No. 1043390



## AFLEN WYBODAETH ESTYN ALLAN

Gyda nawdd oddi wrth y PPT, bydd Cerrig Camu yn gweithio gyda grwpiau proffesiynol, cymunedau ac unigolion ar draws Gogledd Cymru i ddarparu'r gweithdy hwn. Gellir gofyn amdano fel rhan o ddiwrnod hyfforddiant tîm sefydlog neu fel digwyddiad untro.

### Ymgysylltu gyda Dioddefwyr a Goroeswyr Cam-drin Rhywiol fel Plant

Gweithdy a digwyddiad rhannu gwybodaeth â'i fwriad i:

- Hysbysu'n well y bobl sydd â mwy o siawns nag arfer o ryngweithio â dioddefwyr a goroeswyr cam-drin rhywiol fel plant am ffyrdd a allai'n anfwriadol achosi trallod iddynt, eu sbarduno neu eu hail-drawmateiddio.
- Rhoi mwy o hyder i bobl berthnasol o ran rhyngweithio'n briodol ac yn dosturiol â dioddefwyr a goroeswyr.
- Cydnabod a gostwng y potensial i ddioddefwyr a goroeswyr ddod yn ynysig a chynyddu'r potensial iddynt ymgysylltu â gwasanaethau sydd o fudd i'w hiechyd a'u lles.
- Hysbysu pobl am y gwasanaethau mae Cerrig Camu yn gynnig a sut gallai'r gwasanaethau hyn fod o gymorth.

**Rhagwelir i'r sesiwn bara tua 1 awr ac mae am ddim – Cofrestrwch eich diddordeb trwy e-bost.**

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